

# Cyclo-cross Category Upgrade Guidelines

**Rider upgrades are handled electronically. You can request an upgrade online through your My USA Cycling account.** The request will be sent to the person responsible for your area and/or category. You will need to follow the instructions online and provide the information about your race experience and placings. The information you provide must include the race date, name, type of event, category, number of participants, and placing. If the administrator approves the upgrade, your account will be changed so that when you request a new license, the category will be changed. For road, track, and cyclo-cross category changes, Local Association representatives will also provide stickers for your license if you are not requesting a new one. Note that cyclo-cross Category 1 upgrades require a license reissue.

[Click here to sign in to your My USA Cycling account](#)

Please DO NOT send your license. Contact your [Regional Coordinator](#) via phone or email with questions or circumstances not addressed in the [rule book](#).

## Guidelines and Notes by Category

Cyclo-cross categories are upgraded similarly to [road upgrades](#) using the system below:

### *Requirements for upgrading via points:*

- **Category 4-3:** Experience in 10 qualifying races or 10 points in 12 months
- **Category 3-2:** 10 points in 12 months (two wins is an automatic upgrade if the field had at least 11 competitors)
- **Category 2-1:** 20 points in 12 months (two wins is an automatic upgrade if the field had at least 40 competitors)

## Points awarded for Cyclocross Races

Placing	Number of Starters			
	5-10	11-20	21-50	50+
1	3	4	5	7
2	2	3	4	5
3	1	2	3	4
4		1	2	3
5			1	2
6				1

USA Cycling may add additional requirements for upgrading at their discretion. Any such changes shall be made available on the website.

### **Cyclo-cross Conversion**

Cyclo-cross categories may also be upgraded by conversion from a rider's earned road or mountain bike cross-country category. If during the the season a rider upgrades his or her road category or MTB category, the cyclo-cross category can be upgraded to match the road or MTB category shown below by request of the rider or by request of the administrator.

### **CX Category Based on Road or MTB XC Category**

<b>ROAD CATEGORY</b>	<b>MTB XC CATEGORY</b>	<b>CX CATEGORY</b>
Pro/1	Pro	1
2	1	2
3	2	3
4 or 5	3	4